

Bio – June 2026 NISG Webinar Presenter - Gareth Lock

www.thehumandiver.com

Gareth Lock is the founder of The Human Diver and Human in the System, where he helps individuals and organisations across diving, defence, healthcare, energy, and construction move from blame and compliance toward curiosity, capability, and systemic learning.

Drawing on a 25-year Royal Air Force operational aircrew career, an MSc in Human Factors and System Safety from Lund University, and around 800 dives as a technical and rebreather diver, he bridges operational reality and safety science in a way few practitioners can.

His work centres on a simple idea: human error is rarely the cause of an unwanted outcome but a symptom of conditions further upstream. When we treat mistakes as opportunities to learn rather than reasons to punish, people stop hiding what went wrong, because you cannot fix a secret. Through frameworks, storytelling, and critical reflection, Gareth shows teams how psychological safety and genuine curiosity turn everyday performance into a daily commitment to be better than yesterday.

