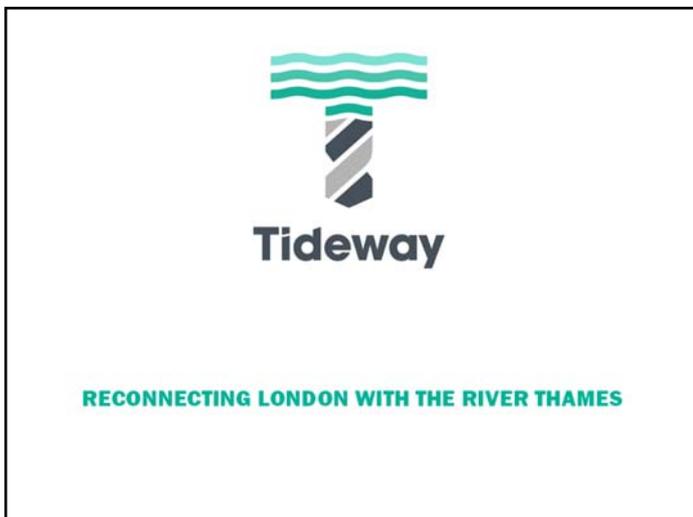




Overview

- Tideway overview
- “Whispering Health, Shouting Safety” - the compelling case for change
- “Transformational” - Health at Tideway
- Health in Construction Leadership - Influencing the wider industry



Lost 'rivers' of London



Population of London

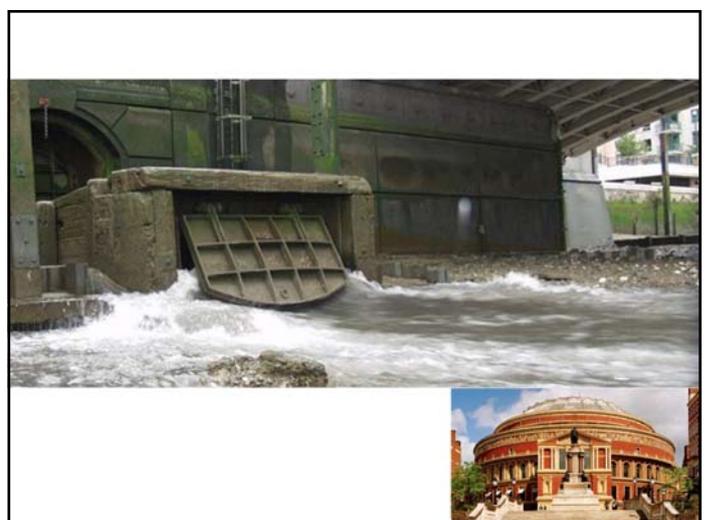
1860
2 million

1910
4 million

Bazalgette
design capacity

2013
8 million

- In 2014, **62 million** cubic metres of sewage discharged to the tidal River Thames.
- 50 discharges on average in a typical year



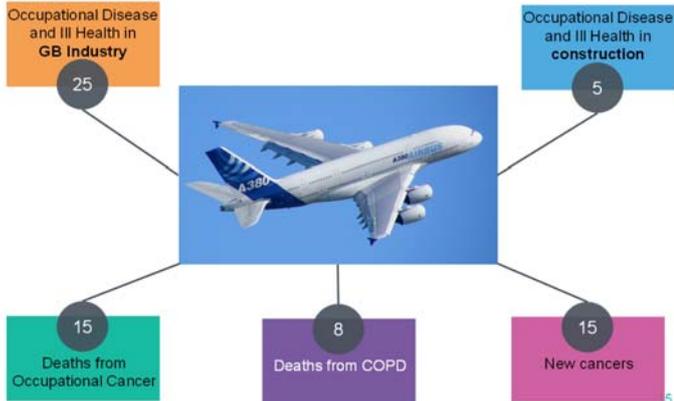


"WHISPERING HEALTH, SHOUTING SAFETY"

Work-Related Ill Health



Work-Related Ill Health - Facts



Tideway

"TRANSFORMATIONAL HEALTH"

RIGHTWAY

Occupational Hygiene

Protecting People from Workplace Health Risks

Occupational Health

Managing Health of Workers

Wellbeing

Promoting Healthy Lifestyle Choices



WELLBEING

Annual cases of stress, anxiety & depression (Construction)

636

UK Deaths from Suicide in 2014

11



Mental Health in the UK



SOMEONE TAKES THEIR OWN LIFE

IN 2014, THERE WERE

6,122 SUICIDES



VS

1,775 TRAFFIC FATALITIES



CONSTRUCTION WORKERS ARE



THAN FALL FROM A HEIGHT

LOW INCOME EARNERS ARE 10x MORE LIKELY TO COMMIT SUICIDE

"Whole person" approach: Mental, physical, social financial

Mates in Mind

Rightway bootcamp: pilot of 8 week "whole person" programme.

Volunteering

Wellbeing

Promoting Healthy Lifestyle Choices



In partnership with leading UK mental health charities



Awareness & Education



All construction workers
Start the conversation awareness session | 45 minutes



Foreman, supervisors, line managers
Awareness training course | 3.5 hours

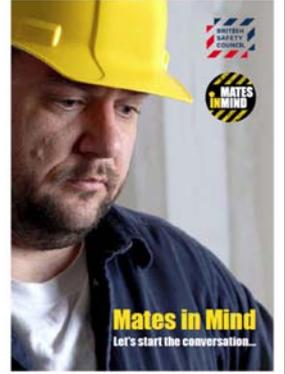


Construction mental health champions
Mental Health First Aid training course | 2 days

Membership/Supporter Overview



- Joined-up education, awareness and training programmes
- Organisation access to the Mates in Mind Stress & Mental Health support service (telephone support line)
- Employee access to support and counselling services 
- Access to member events and forum
- Quarterly newsletters
- Annual reporting (for transparency)



Membership Overview (Continued)



- Welcome pack
- Head office signage
- Membership certificates
- Digital & print content
- Supporting communication material (e.g. brandable posters, flyers, e-templates, helmet and van stickers)



The Aspirations

...engaging 100,000
in first year

...engaging 75% of
the industry by 2025



34

Visit the webpage - www.matesinmind.org



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Stop.
Make a
Change.

16 to 27 April 2018

#StopMakeAChange
www.stopmakeachange.co.uk

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Tideway

Wider Industry

